

What can TMS LONG ISLAND do for you?



TMS
transcranial magnetic
Stimulation Long Island, Corp.

What is TMS?

TMS is an FDA-cleared therapy for major depressive disorder that employs a focused pulsed magnetic field, similar to that found in an MRI machine. This magnetic field activates brain regions that are less active in individuals with depression.



Non-Invasive Procedure



**No Negative Effects On
Memory Or Sleep**



**Covered by Most Health
Insurance**



What to Expect

Day
1-5

Establishing a new routine, meet the staff, and acclimate to the feeling of treatment.

You might have a slight headache, which can be alleviated with Tylenol. This is normal.

Day
6-10

Relax into your treatment routine and build trust with your care providers.

Your provider can make changes to enhance your experience.

Day
11-25

Receive encouraging feedback from friends and family, better understand your feelings and behaviors, and notice improvements in energy and concentration.

You might have noticed positive changes that seem to diminish, often referred to as a dip or plateau. This is normal.

Day
26-30

Experience increased motivation, develop greater resilience in tackling daily challenges, and evaluate treatment progress and ongoing results.

No matter how you're feeling, it's crucial to keep attending treatment for the best chance at long-term benefits. It's similar to completing a course of antibiotics.

Day
31-36

Achieve considerable relief from depressive symptoms and continue to see new improvements after completing your final treatment.

It's normal to have questions about what to expect after finishing TMS treatment. We recommend creating a plan for ongoing care and staying engaged with your practice.

You may experience some of these positive changes:

- More energy
- Improved quality of sleep
- Elevated mood
- Better concentration
- Restored interest in hobbies
- Greater vibrancy of color

Be your best self.